



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Location Legend W- Wellington Activity Area F- Fountain Activity Area RR- Resident Room Ed - Edinburgh Home Area SN- Snoezelen Room CC - Community Center BCY- Back Court Yard CP- Cheers Patio C- Chapel E- Eramosa Activity Area P- Paisley Activity Area	Legend for which Recreationist is hosting the activity: (A) - Amy (AS)- Angie (C) - Colleen (K) - Kailey (KD) - Kaylee (MA)- Mairead (MD)- Michaela (N) - Nick (R) - Reshmi (SG) - Sheilla	Recreationists Colleen Marsh - Ext.2234 cmarsh@elliottcommunity.org Kailey Beeney - Ext.2125 kbeeney@elliottcommunity.org Reshmi Abraham - Ext. 2233 rabraham@elliottcommunity.org Angie Scadding - ascadding@elliottcommunity.org Amy Golbourne- agolbourne@elliottcommunity.org	International Day of Older Persons Morning Pamper Me (C) - F Starting Sourdough Bread (C) - W 10:45am Music Therapy - W/F Afternoon Ruthless Rhymes (C) - W 1:30pm Music Therapy- W/F 2:30pm Falls Prevention - W Autumn Walks (C) - F	Morning Short Stories (C) - F Flower Arranging (C) - W Friendly Visits with Kailey - F Afternoon Fall Leaf Tour Outing (sign up only) Feeding our Sourdough Starter (C) - W 2:30pm Zumba Exercises - W Travelogue (C) - F Movement Matters (K) - Ed/F	Morning 9:30am 1:1 General Store Shopping 10:30am Bingo (AS) - W Afternoon 2:00pm Stories from Guelph Mission with Marion Reidel - CC	Morning The Daily Rewind (C) - W Sounds of Nature (C) - F Travelogue (C) - W Afternoon Balloon Volleyball (C) - W Snoezelen Room Visits (C) - F
Morning Pathways Music (C) - W Sing Along (C) - F Afternoon 1:30pm Chapel Service with Pastor Mike - Ed Walks & Strolls (C) - W/F	Morning Go Fish! (C) - W Music Appreciation (C) - F Afternoon 2:00pm Sound Bath Meditation Class with Mike Tudisco - CC 2:30pm Strength & Balance - Ed	Morning 10:30am Devotions w Pastor Mike - W 11:00am Visits (Chaplain) - F Afternoon 1:30pm LTC Food Committee - E Cheerful Chats with Colleen - F Evening Bingo (C) - W	Morning 10:00am Trinity United Communion Chapel Service - C 10:45am Music Therapy - W/F Afternoon 1:30pm Music Therapy- W/F 2:00pm Happy Hour with Paul Horton - CC 2:30pm Falls Prevention - W Kitchen Creations (AS) - W Evening Fireside Social (AS) - Patio	Morning Short Stories (C) - F Flower Arranging (C) - W Friendly Visits with Kailey - F Afternoon Let's Prep & Form Sourdough Bread (C) - W/F 2:30pm Zumba Exercises - W Joyful Moments (C) - F Movement Matters (K) - Ed/F	Morning 9:30am 1:1 General Store Shopping 10:00am Music w Krystyna - W/F Afternoon Fun & Fitness (AS) - F Let's Bake Sourdough (C) - W Thanksgiving Craft (C) - F	Morning 9:00am Short Stories (A) - F 10:30am Let's Bake Dog Treats (A) - W Afternoon 2:00pm Thanksgiving Social with Brent Meidinger - CC
Morning Afternoon 1:30pm Chapel Service with Pastor Mike - Ed Autumn Sensory Activity (A) - F 3:30pm Knock Knock Jokes Travelling Cart (A) - W Bingo Night (A) - W	Thanksgiving Morning What are you Thankful For? (A) - W/F 10:30am Thanksgiving Baking: Pies, Pies, Pies (A) - W Afternoon 2:30pm Strength & Balance - Ed	Morning Pamper Me (A) - F 10:30am Chaplain Chats - W 10:30am Music Therapy (MA) - W 11:00am 1:1 Chaplain Visit - F Afternoon 1:30pm Resident's Council - E Dice Game with James (C) - W Magic Table (C) - F Evening Bingo (C) - W	I Love Lucy Day Morning 10:00am Catholic Mass- Ellington Basement 10:45am Music Therapy - W/F Afternoon Roundup: I Love Lucy (C) - W 1:30pm Music Therapy- W/F "I Love Lucy" (C) - F 2:30pm Falls Prevention - W	Morning Short Stories (C) - F Flower Arranging (C) - W Friendly Visits with Kailey - F Afternoon 2:00pm Monthly Birthday Party with John Pebble - CC 2:30pm Zumba Exercises - W	Morning 9:30am 1:1 General Store Shopping 10:30am Bingo (AS) - W Afternoon 1:30pm Shopping Outing to Value Village (Sign Up with Recreation) Magic Table (AS) - F Jeopardy: Halloween Edition (AS) - W	Morning The Daily Rewind (C) - W Name 6 (C) - W What's That Sound (C) - F Afternoon 2:00pm Pumpkin Decorating with students of U of G

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19 Morning Pathways Music (C) - W Sing Along (C) - F Afternoon 1:30pm Chapel Service with Pastor Mike - Ed Pamper Me (C) - W/F 	20 Diwali Morning Visits with Colleen - F 9:30am Guelph Fire Department Tour Outing (sign up only) Men's Group (C) - W Afternoon Diwali Craft (C) - W 2:30pm Strength & Balance - Ed Sights and Sounds of Diwali (C) - F 	21 Morning 10:30am Dublin St United Communion Chapel Service - C Afternoon An Apple a Day Quiz (C) - W Chef's Corner: Apple Sauce (C) - F Evening Bingo (C) - W 	22 Morning 10:00am St Andrews Presbyterian Chapel Service - C 10:45am Music Therapy - W/F Afternoon 1:30pm Music Therapy- W/F 2:00pm Guelph Wellington Men's Club Choir Performance - CC 2:30pm Falls Prevention - W Kitchen Creations (AS) - W Evening Jack-o-Lantern Craft & Dice Game (AS) - W 	23 Morning Breakfast Club (sign up only) - Fountain Activity Room Short Stories (C) - F 10:00am-2:00pm Stars of Modern Jewelry Sale - Outside CC Friendly Visits with Kailey - F Afternoon Flower Arranging (C) - W 2:30pm Zumba Exercises - W Movement Matters (K) - Ed/F 	24 Breast Cancer Awareness Day - Wear Pink! Morning 9:30am 1:1 General Store Shopping Breast Cancer Bingo (C) - W Afternoon Let's Decorate Pink Cookies (C) - W Creative Corner (AS) - F 2:45pm Musical Entertainment with Woody Woodburn - Ed 	25 Morning 9:00am Let's Get Spooky! (A) - W/F Afternoon 2:00pm Halloween Boo Bash with Eric the Balloon Twister - CC 
26 Morning Afternoon 1:15pm Guelph Storm Game Outing (sign up only) 1:30pm Chapel Service with Pastor Mike - Ed Bingo Night (A) - W 	27 Morning Coffee & Conversation (C) - W Travelogue (C) - F 11am-12pm Bookmobile Afternoon Pet Visits with Jon - W/F 2:00pm Whole Home Trivia - CC 2:30pm Strength & Balance - Ed 	28 Morning Spooky Sing Along (A) - F 10:30am Chaplain Chats - W 10:30am Music Therapy (MA) - W 11:00am 1:1 Chaplain Visit - F Afternoon Magic Table (C) - F Jeopardy! (C) - W Hand Massages (A) - F Evening Broomstick Bingo (C) - W 	29 Morning Joyful Moments (C) - F Halloween Creative Corner (C) - W 10:45am Music Therapy - W/F Afternoon 12:00pm Soup & Deli Sandwich Lunch Club (sign up only) - CC 1:30pm Music Therapy- W/F 2:00pm Accordion with Gary - C 2:30pm Falls Prevention - W 	30 Morning Short Stories (C) - F Flower Arranging (C) - W Friendly Visits with Kailey - F Afternoon Spooky Spirits Dice Game (C) - W Calendars & Conversation Travelling Cart (C) - W/F 2:30pm Zumba Exercises - W Movement Matters (K) - Ed/F 	31 Morning Hear Right Canada (Sign up with Nurse if Interested) 9:30am 1:1 General Store Shopping 10:30am Bingo (AS) - W Afternoon 2:00pm Halloween Party with Remedy Band - CC 	